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SUMMIT

JOINING TOGETHER. SHAPING THE FUTURE.

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# *"Message From Your 90-Year-Old Self"*

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# AGEING and HEALTH

Between 2000 and 2050, the number of people aged 60 and over is expected to double

In 2050, more than 1 in 5 people will be 60 years or older.



By 2050, 80% of older people will be living in low-and middle income countries.



## EVERY OLDER PERSON IS DIFFERENT



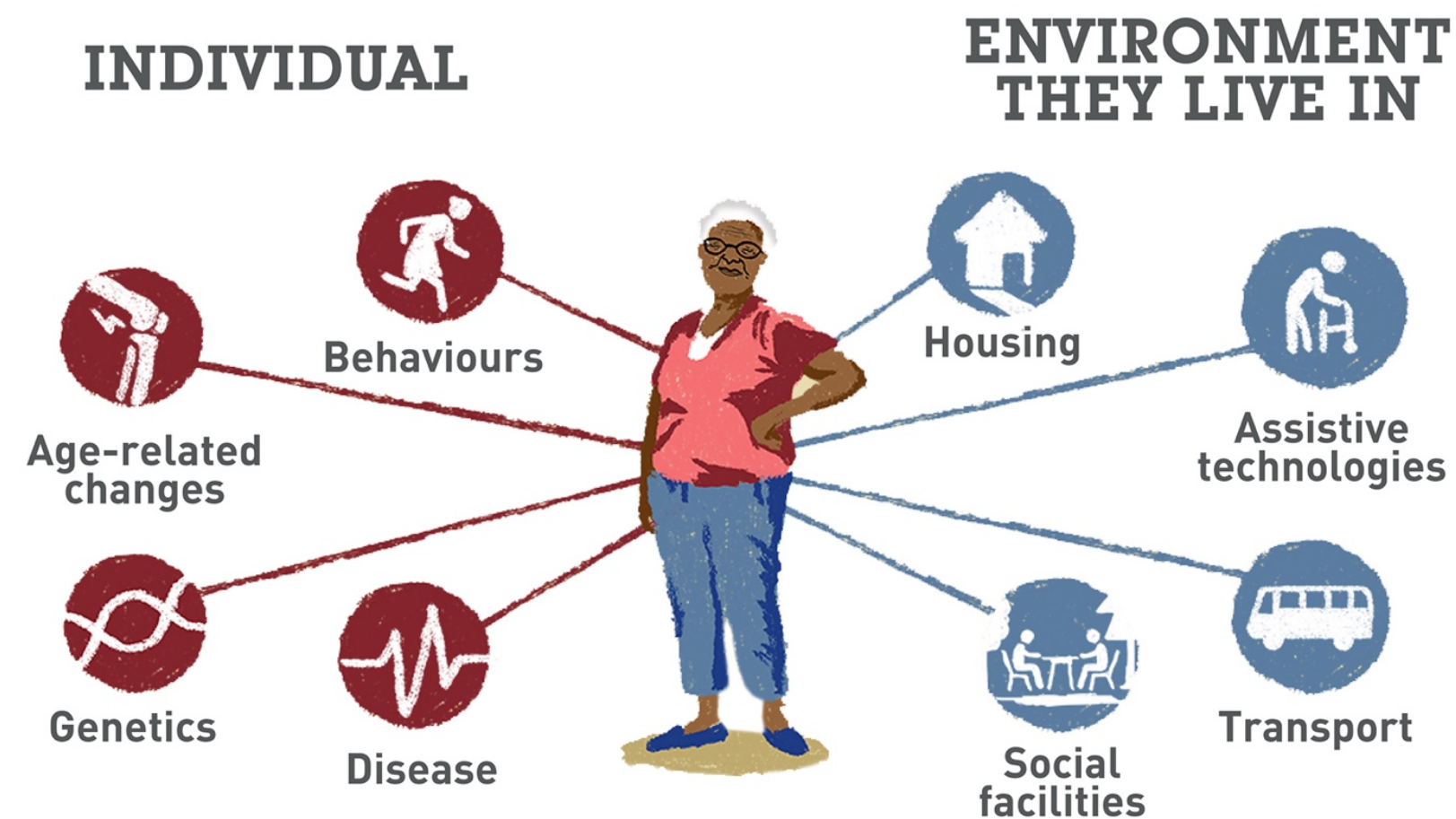
Some have the level of functioning of a 30 year old.



Some require full time assistance for basic everyday tasks.

Health is crucial to how we experience older age.

## WHAT INFLUENCES HEALTH IN OLDER AGE



## WHAT IS NEEDED FOR HEALTHY AGEING

A change in the way we think about ageing and older people



Creation of age-friendly environments



Alignment of health systems to the needs of older people



Development of systems for long-term care



Healthy Ageing... being able to do the things we value for as long as possible



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Save  
The Date  
June 13<sup>th</sup> 2020

*"Let's change the way  
we think about ageing."*

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*Thank you.*