

VAMED
VITALITY
WORLD

the
relaxing
way
of life

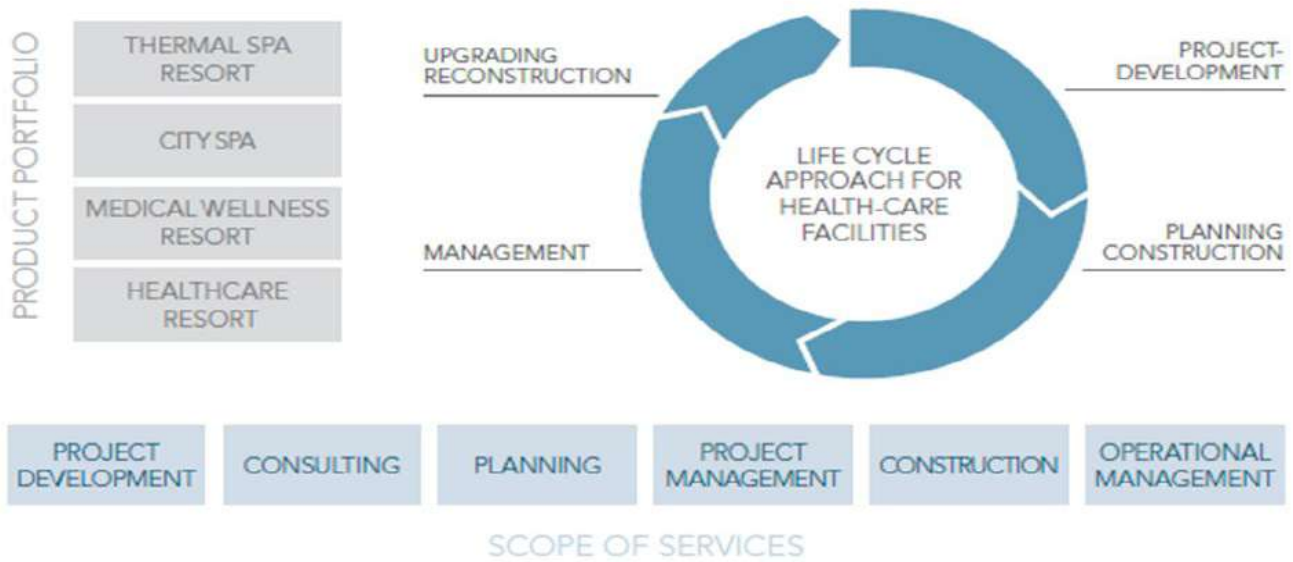


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back to the future

TOM J. BAUER
COO
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COMPREHENSIVE HEALTH-CARE SERVICES – EVERYTHING FROM ONE SOURCE



Why that fuss about healthy hot springs and thermal waters ?

Low gravity effect + Healing ingredients

musculoskeletal system support

arthropathy relief

skin development

muscular strength

pulmonary function

immune system strengthening

metabolism benefit

blood circulation

stress and pressure reduction

cognitive abilities enhancement

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... a holistic approach to wellbeing

AQUA DOME Tirol Therme Längenfeld

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#alpine
#spa3000
#skiholiday



SPA Resort Therme Geinberg

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#aquarium
#antiaging
#orientalworld



Geinberg 5

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#aqrarium
#antiaging
#orientalworld



la pura women's health resort kamptal

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#detox
#fxmayr
#ladiesonly



Gesundheitszentrum Bad Sauerbrunn

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#rehab
#saeuerling
#healingwater



St. Martins Therme & Lodge

#safari
#lakeside
#nationalpark

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Aquaworld Resort Budapest

#family
#citytrip
#dentalmed

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Therme Wien

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#cityspa
#sulfurH2S
#thermewienmed



TAUERN SPA Kaprun Zell am See

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#glacier
#basecamp
#kitzsteinhorn



Therme Laa Hotel & SPA

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#medlaa
#wine
#silentspa

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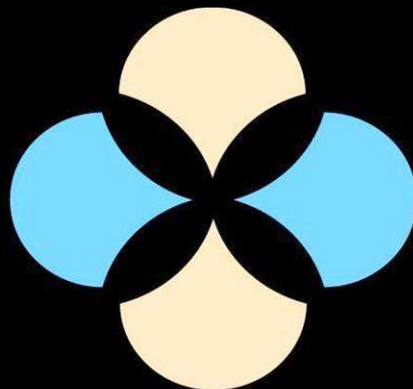
Relax
in Time
and Space

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**THERME
LAA**

HOTEL SILENT SPA

How to find inner silence ?

What do spiritual buildings and spas have in common ?

Can architectural proportions boost your perception of wellbeing ?

What is the secret of wellbeing ?

What does contemplation feel like ?



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HOTEL SILENT SPA

Embedded in the
ground – a genuine
retreat



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Golden ratio –
sacral architecture
„ad quadratum“

Tracery patterns –
stone mason's
signatures around
the world



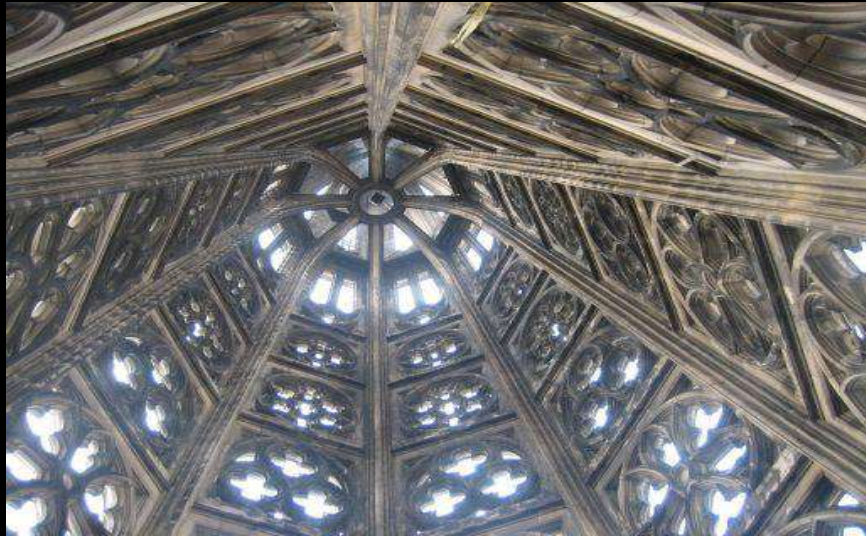
Well house -
symbol of positive
energy

Choir stalls –
finding together



Nurturing lounge –
regional culinary
highlights in an
inspiring setting

Octagonal tower – heart of the Silent Spa



8
- calmness,
harmony, a new
beginning

Cloister -
pondering at
yourself



Combined with a
saline pool – finding
lightheartedness

Monastery garden –
become one with
your nature



Indoor and outdoor
saunaworld -
where fresh and hot
air meet

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V.R.P. Check In

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Mystic Pathway

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Octagonal Central Structure

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Choir Stalls - Restaurant

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Pillared Hall Pool



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Thermal Water Pools and Fountains

Baptismal Font

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Octagonal Tower – Rose Window

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Elliptic Retreat Space

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A World of Contemplation

Back to the future

Holistic Approach

Contemplation (lat. Contemplari = to look at)

Wellbeing to Happiness

March 20th: United Nations „International Day of Happiness“

learn from the past

live in the present

look into the future