
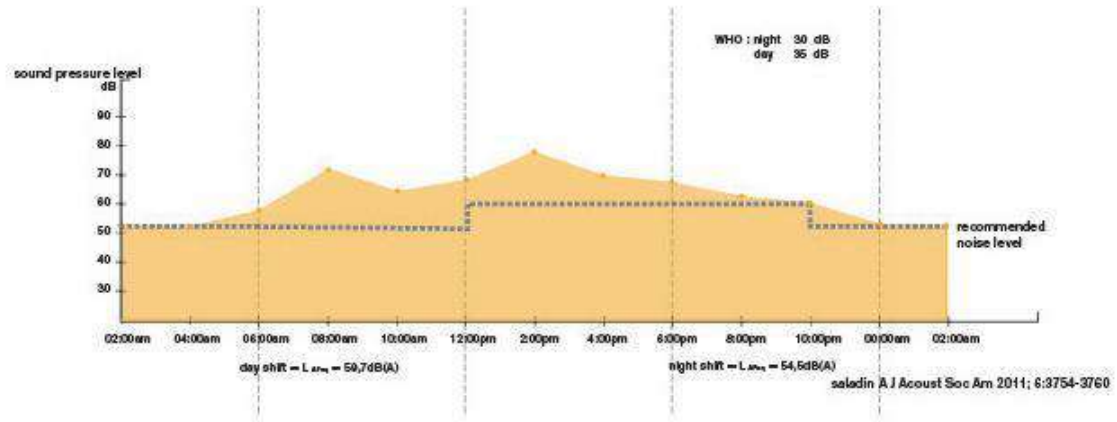




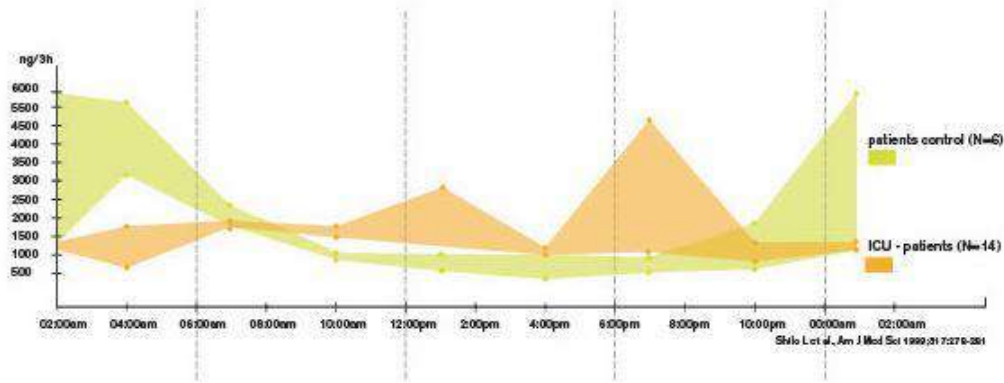
WELLNESS THROUGH DESIGN

A photograph of a hospital room, overlaid with a teal color. The room contains a hospital bed with white linens, a medical monitor on a stand, and various pieces of medical equipment. The text "HEALING ARCHITECTURE" is written in large, white, bold, sans-serif capital letters across the center of the image.

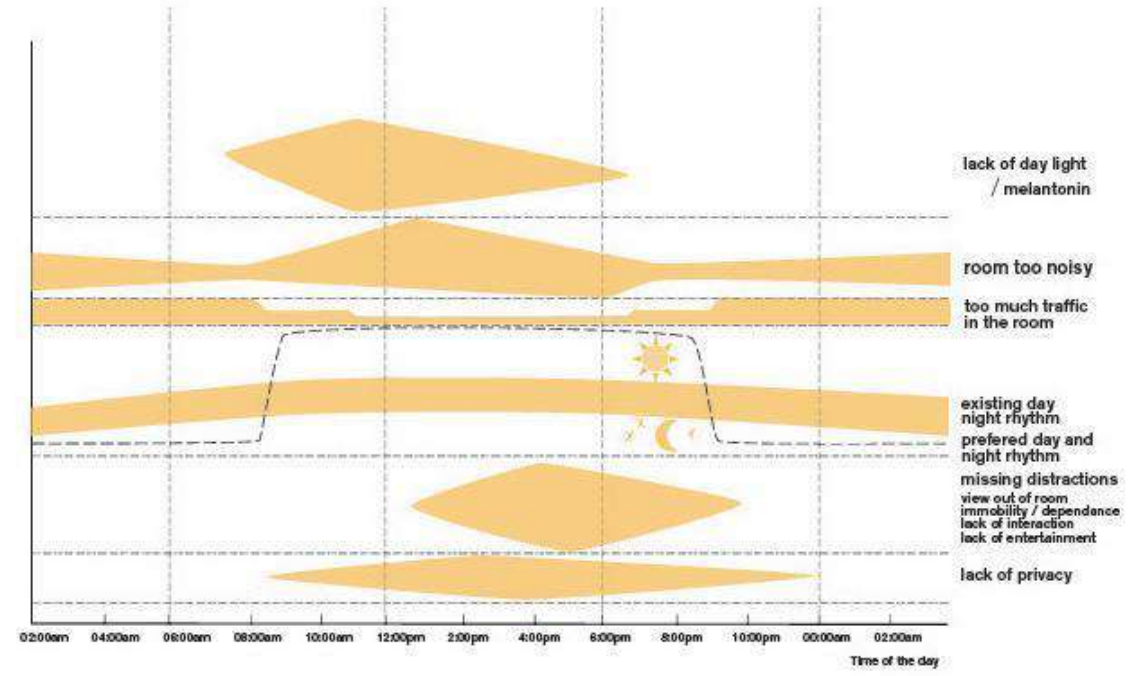
HEALING ARCHITECTURE



Noise level in an ICU

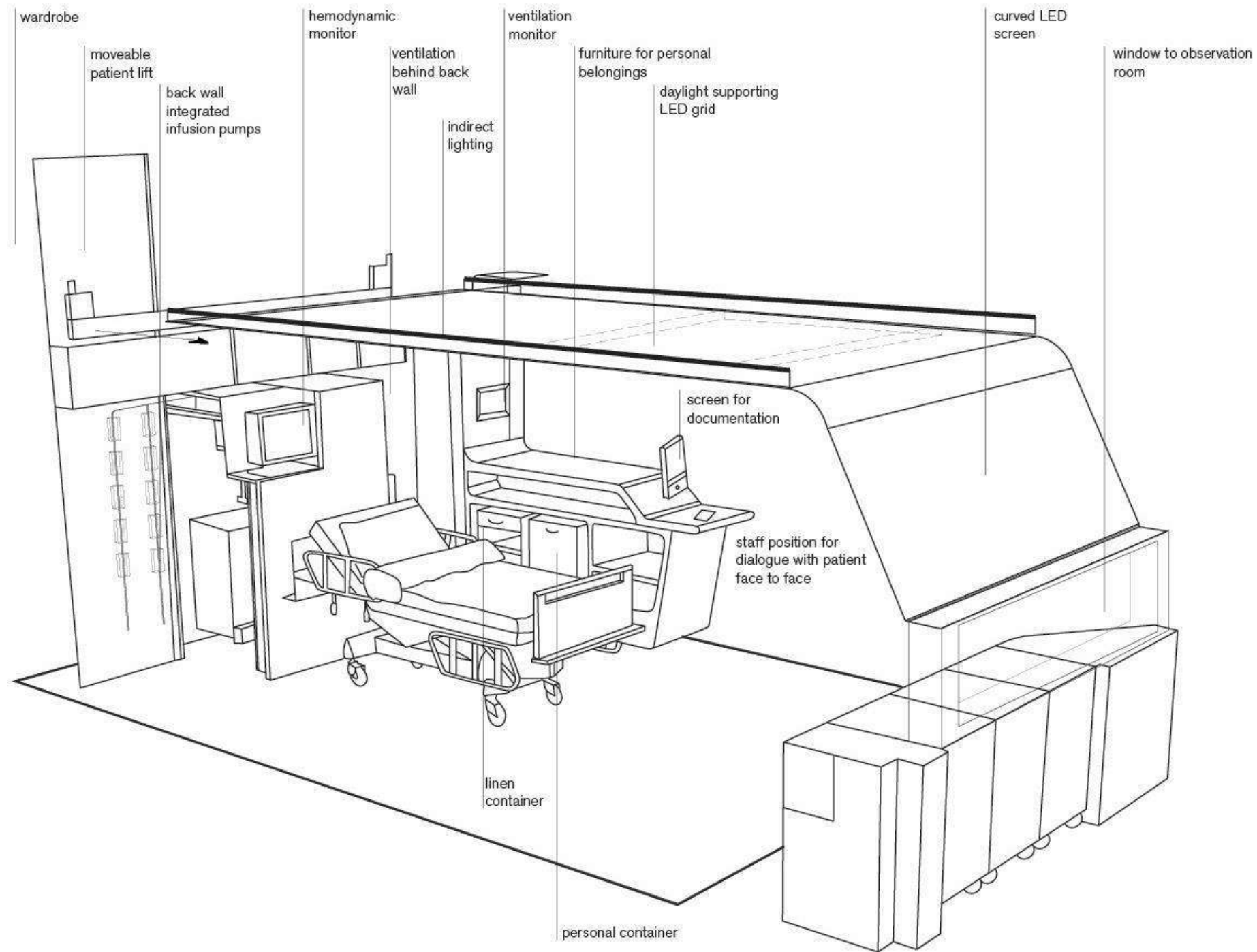


Disturbed melatonin secretion of ICU patients



Summary of relevant parameters for the design process

**Is there scientific proof for healing environments?
Design parameters (sound, light) scientifically tested**



Axonometry of the single bed set

**Adaptable scenography linked to vital body condition (blood pressure etc)
Physical Wellness through responsive environments**

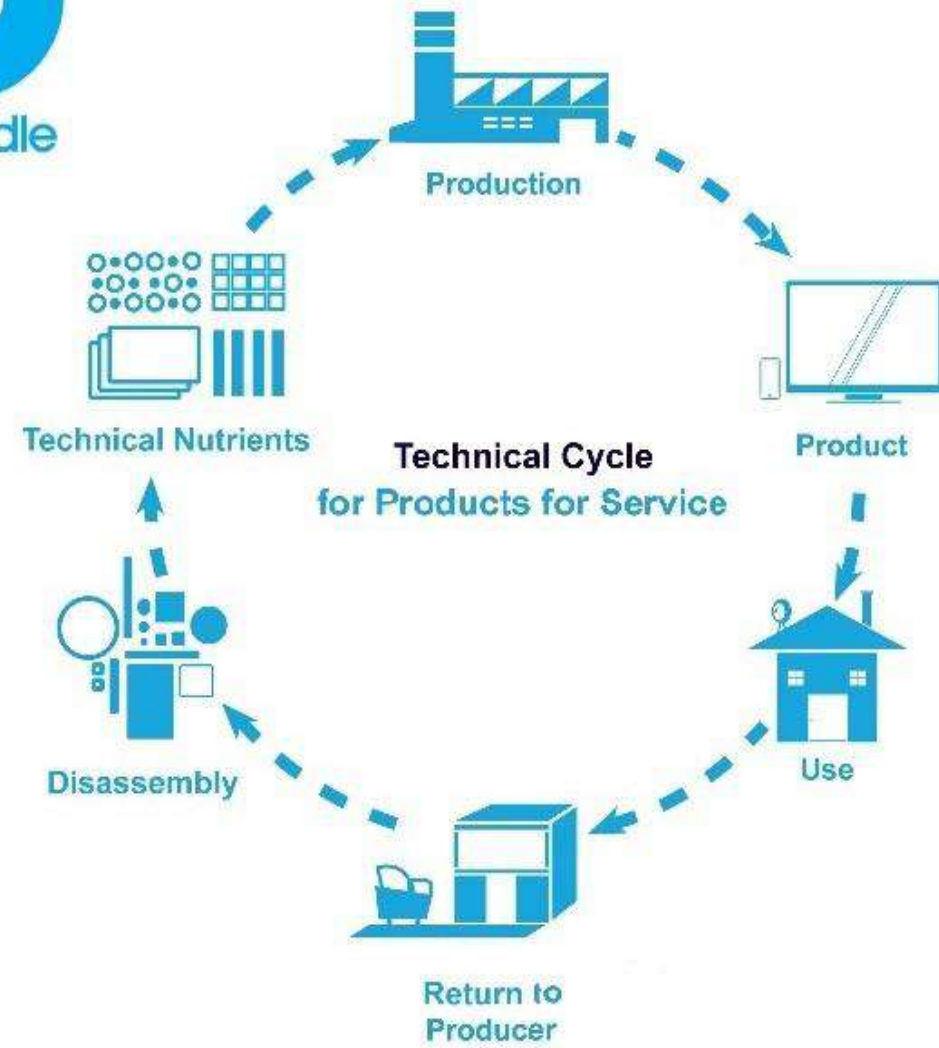
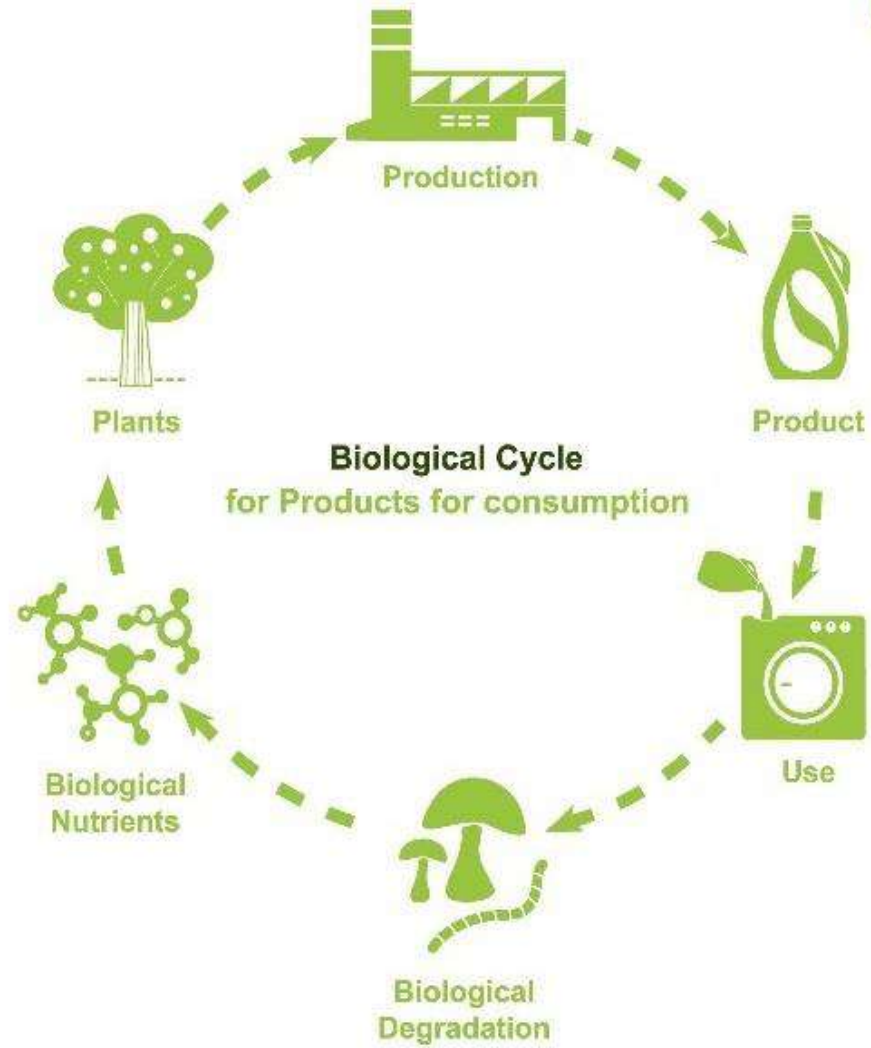


NEW ICU UNIT, UNIVERSITY CLINIC CHARITÉ BERLIN



AUTHENTICITY + SUSTAINABILITY

CRADLE 2 CRADLE





MAKE IT RIGHT COMMUNITY, NEW ORLEANS



HOLISTIC LIVING, BERLIN

Alignment with cyclic events
Design shaped by the sun, the moon



1 HOTEL, MARRAKESH



**Ultra local design parameters
Oikos connected to the cosmos**



SIX SENSES
GAMMARTH

SIX SENSES GAMMARTH, TUNESIA

The fusion of destination and design

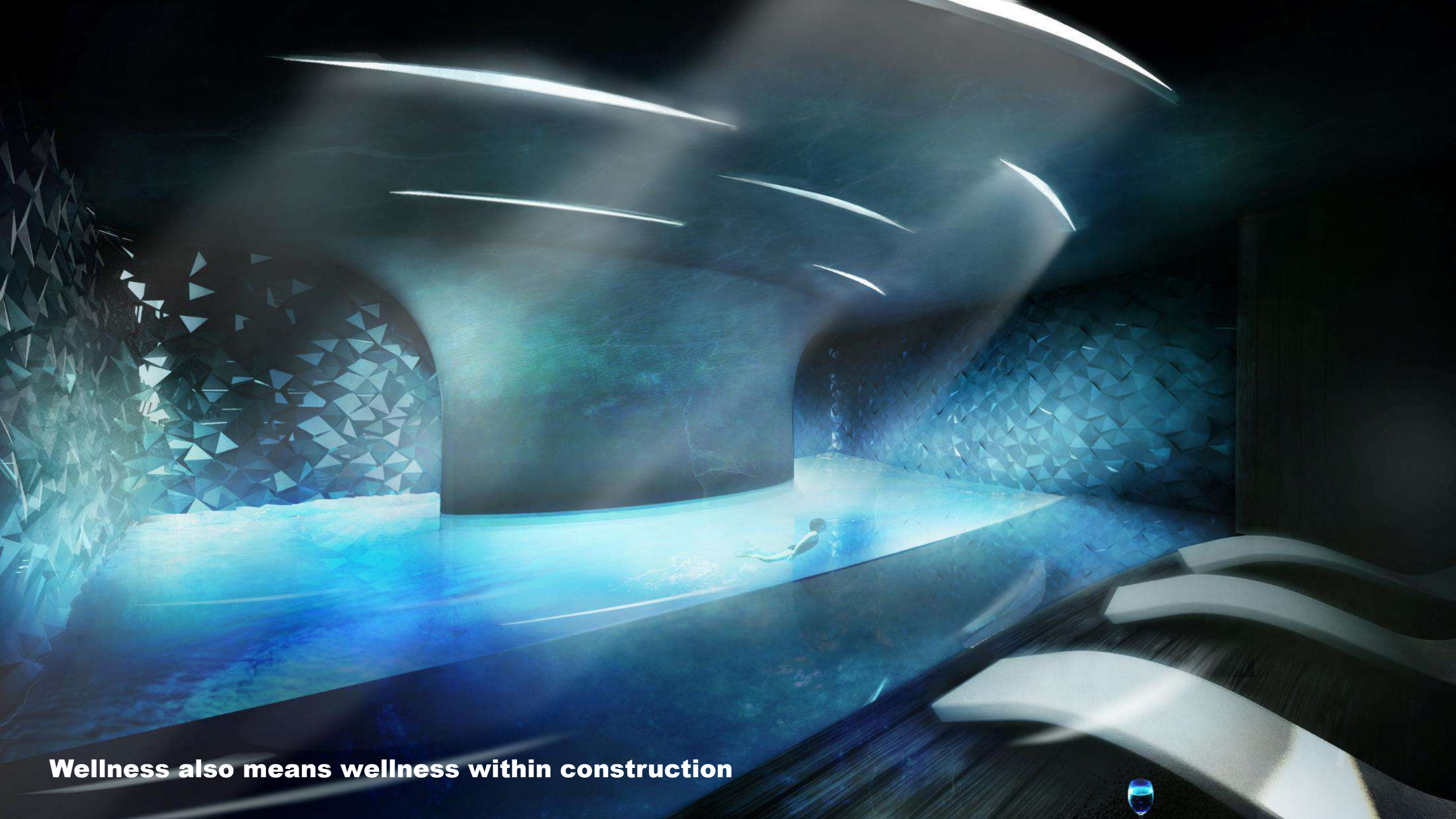


Formfinding through marrying natural forces and local environment



Healthy materiality and circular economies of water, energy, waste

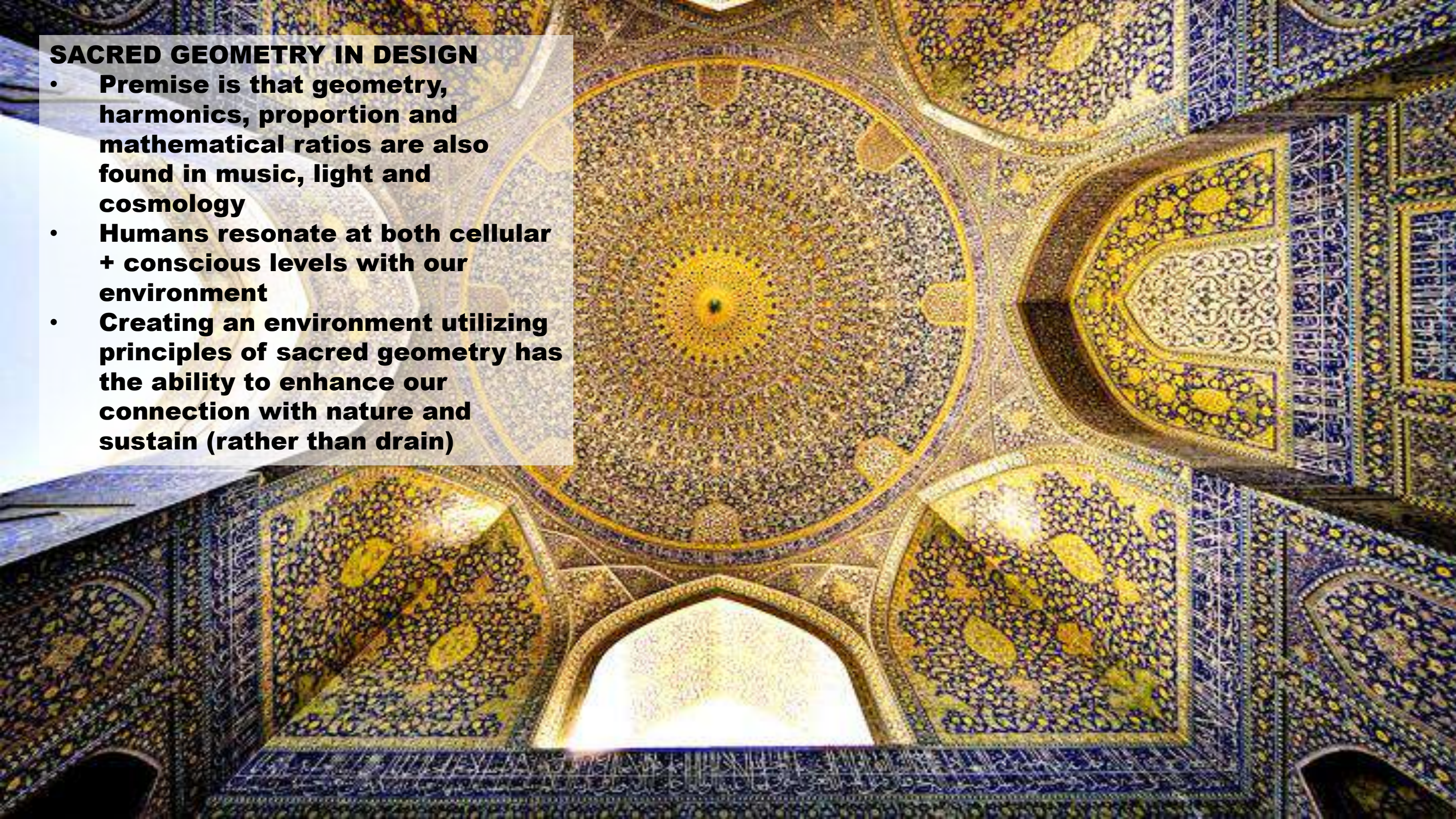




Wellness also means wellness within construction

SACRED GEOMETRY IN DESIGN

- **Premise is that geometry, harmonics, proportion and mathematical ratios are also found in music, light and cosmology**
- **Humans resonate at both cellular + conscious levels with our environment**
- **Creating an environment utilizing principles of sacred geometry has the ability to enhance our connection with nature and sustain (rather than drain)**



BIOPHILIC DESIGN

- **Visual connection with nature**
- **Presence of water**
- **Natural materials, colors and patterns**
- **User “experience” in mind**

SIX SENSES QING CHENG MOUNTAIN, CHINA



The image shows two chefs in white uniforms and striped hats working in a lush green garden. They are surrounded by various leafy vegetables, including large green and red-veined leaves. In the background, there is a traditional Chinese building with a dark wooden frame and a tiled roof. The scene is bathed in warm, golden light, suggesting a late afternoon or early morning setting. The chefs are focused on their work, with one holding a small woven basket filled with harvested produce.

ORGANIC GARDENS

- **To be effective + productive space must be programed in the initial design**
- **Beyond beautiful, living wellness**
- **Zero chemicals, pesticides or synthetic fertilizers**
- **Supportive of nourishing + nurturing the body from the inside out**
- **Eat with Six Senses**

BIOLOGICAL LIGHTING

- **Circadian supportive lighting**
- **Enhanced controls**
- **LSG HealthE Lighting Series**
 - **GoodDay Lamps**
 - **GoodNight Lamps**
 - **Genesis**



LIGHTING SCIENCE



SLEEP SUPPORT THROUGH DESIGN

- **Biological lighting**
- **Lighting + thermal controls**
- **Blackout shades**
- **High quality lighting**
- **Quality water**

sleep
WITH SIX SENSES

SIX SENSES DOURO VALLEY, PORTUGAL



**THERE ARE NO
PASSENGERS ON
SPACESHIP EARTH:
WE ARE ALL CREW.**

MARSHALL MCLUHAM